

1. Behavioural principles

- Content: Introduce overall treatment goals, concepts of functions of behaviour, antecedents and consequences of behaviour.
- Objectives:
 - i. identify antecedents,
 - ii. provide behavioural definitions,
 - iii. identify antecedents, behaviour, consequences and functions of behaviour,
 - iv. demonstrate ability to use an ABC data sheet to identify antecedents and consequences from a video vignette
 - v. identify a behaviour(s) to track using an ABC data sheet.

2. Prevention strategies

- Content: discuss antecedents to behaviour problems and develop preventative strategies.
- Objectives:
 - i. Identify ways in which you currently prevent behaviour problems,
 - ii. Watch video vignettes and provide advice for how to prevent behaviour problems in the future
 - iii. Identify 1-2 new ways to prevent behaviour problems

3. Daily schedules

- Content: Develop a daily schedule and identify points of intervention (including use of visual schedules) to decrease problem behaviour.
- Objectives
 - i. Describe child's daily schedule, including areas where problems arise
 - ii. Suggest an appropriate prevention strategy for each of the video vignettes
 - iii. (option 1) suggest appropriate prevention strategies for their child's daily schedule
 - iv. (option 2) assist in developing a visual schedule

4. Reinforcement 1

- Content: Introduce concept of reinforcers – to promote compliance, strengthen desired behaviours and teach new behaviours.
- Objectives:
 - i. Provide examples of reinforcers currently used for the child or possible items/activities that might serve as reinforcers.
 - ii. Correctly identify broken 'reinforcement rules' on the video vignettes and offer appropriate suggestions.
 - iii. Assist in developing a homework plan using reinforcement strategies.

5. Reinforcement 2

- Content: Introduce 'catching your child being good'. Teach play and social skills through child-led play.
- Objectives:
 - i. Provide examples of reinforcers currently used for the child or possible items/activities that might serve as reinforcers.

ii. Identify broken 'reinforcement rules' on the video vignettes and offer appropriate suggestions

iii. Assist in developing a homework plan using reinforcement strategies

6. Planned ignoring

● Content: Explore systematic use of extinction (via planned ignoring) to reduce behavioural problems.

● Objectives:

i. Identify consequences in videos that reinforce inappropriate behaviour

ii. Identify rules for using planned ignoring via use of video vignettes

iii. Identify when to use the 3 types of planned ignoring via video and written vignettes

iv. Assist in designing a planned ignoring programme for home

7. Earning instructional control (compliance training)

● Content: Introduce effective parental requests and the use of guided compliance to enhance compliance and manage noncompliant behaviours.

● Objectives:

i. Generate a list of compliance commands

ii. Generate a list of noncompliance commands

iii. Correctly use compliance steps via role play

iv. Help generate a plan for using compliance training in the home

v. Identify various intervention strategies in 'bringing it all together' video

8. Functional communication training

● Content: Through systematic reinforcement, teach alternative communicative skills to replace problematic behaviours.

● Objectives:

i. Identify target behaviours, their function, and the implemented functional communication strategy on the video vignettes

ii. Provide ways to implement functional communication training for behaviours on the written vignettes

iii. Generate a plan to implement functional communication training at home to target the child's problematic behaviour.

9. Teaching skills 1

● Content: Using task analysis and chaining, provide tools to replace problem behaviours with appropriate behaviours and how to promote new adaptive, coping and leisure skills.

● Objectives:

i. Come up with a list of new skills they would like to teach their child

ii. Task analyse the example of brushing teeth

iii. Pick a behaviour to teach and complete a task analysis on that behaviour

iv. Assist in creating the homework assignment

10. Teaching skills 2

- Content: Teach various prompting procedures to use while teaching skills
- Objectives:
 - i. Describe how you have used a variety of prompts in the past to teach your child new skills
 - ii. Identify prompts being used in the video vignette
 - iii. Generate how you might teach your child a new skill using a variety of teaching methods

11. Generalisation & Maintenance

- Content: Generate strategies to consolidate positive behaviour changes and generalise newly learned skills.
- Objectives:
 - i. Describe improvements in the child's disruptive behaviour and/or adaptive skills
 - ii. Generate ideas about prompting generalisation and maintenance from the video vignettes
 - iii. Generate ideas about promoting generalisation and maintenance from the written vignettes
 - iv. Develop a specific plan to maintain positive changes in behaviour and promote positive behaviour in new settings.